

**9** HELD TO CREATE A GOOD FUTURE FOR ME

**2 PROMISES** We will make sure that you have somewhere

**THIS YEAR** We will work together to ensure young people coming into care who are homeless are provided with suitable housing.

**3** to live and can make it your home.

**5** MAKING SOMEONE TO LIVE

**1** abilities and find ways for you to make the most of these.

**THIS YEAR** We will plan your learning with you at the right times to make sure your needs are met.

PROMISES TO CHILDREN AND YOUNG PEOPLE IN CARE FROM SOUTH GLOUCESTERSHIRE CHILDREN'S TRUST



**Any questions, ideas, comments?**  
Contact your Children in Care Council about the Promises. Go to My CiCC at [www.usincare.org.uk](http://www.usincare.org.uk) or tel 01454 862349

**4 PROMISES** We will provide you with information about your care, new opportunities and your rights.

**THIS YEAR** We will improve the information we provide to you and how it is provided.

**THIS YEAR** We will make sure everyone who works with you asks about your views and these are accurately recorded.

**PROMISES** We will ask you what you think and keep in mind what you say.

**PROMISES** We will support you to discover your talents and

**4** IMPORTANT PEOPLE

**7** and make sure you keep in contact with them if it is safe to do so.

**THIS YEAR** We will improve how children and young people in care see and keep in touch with their birth family and other important people.

**6 PROMISES** We will ask you which people are important to you

**3** HELPING ME KNOW ABOUT WHAT I NEED BEING INVOLVED AND LISTENING

cut along here



**1.** Fold two of the diagonal corners together and then open them up.



**2.** Fold the other two diagonal corners together and then open them up as well.



**3.** You will now have folded lines that make it an X.



**4.** Flip your paper over and fold all the corners into the centre.



**5.** This is what it should look like after you finish folding.



**6.** Flip it over so that the words fun, activities, forums and safety are facing down.



**7.** Fold all the corners to the centre the way that you did before.



**8.** This is what it should look like when you finish folding.



**9.** Fold it in half. The numbers should be inside and the words on the outside.



**10.** Now you can put your thumbs and fingers under the flap and play away!

# CHOOSE YOUR PROMISES

PROMISES TO CHILDREN AND YOUNG PEOPLE IN CARE FROM SOUTH GLOUCESTERSHIRE CHILDREN'S TRUST

| THEME:   | IMPORTANT PEOPLE:  | BEING INVOLVED AND LISTENING:   | HAVING SOMEWHERE TO LIVE:   | HELPING ME KNOW ABOUT WHAT I NEED  | HELP TO CREATE A GOOD FUTURE FOR ME:   |
|--|--|---|---|--|--|
| <b>WE PROMISE:</b>                                     | We will ask you which people are important to you and make sure you keep in contact with them if it is safe to do so.  | We will make sure that you are involved in the plans we make with you about your future.<br><br>We will ask you what you think and keep in mind what you say.   | We will make sure that you have somewhere to live and can make it your home.  | We will provide you with information about your care, new opportunities and your rights.   | We will support you to discover your talents and abilities and find ways for you to make the most of these.  |
| <b>ACTIONS WE WILL TAKE TO MAKE SURE THIS HAPPENS:</b> | <p>Help you to have contact with your family and the people important to you in a safe way.</p> <p>We will keep in touch with your parents so they know how you are doing and include them in planning for you where this is appropriate.</p> <p>Help you to keep in touch with your friends, and have sleepovers, if this is safe to do so.</p> <p>Provide you with someone to talk to and share things if there is no-one in your family to do this.</p> <p>Make sure that you live close to your home area, if this is safe for you, so you can keep in contact with people you know.</p> <p>Make sure you always have a social worker and that you have the same social worker for as long as possible.</p> <p>Make sure that foster carers and carers are trained and offer you the best possible home life.</p> <p>Make sure that the right people are able to help you be successful in school.</p> | <p>Take the time to get to know each other so you can learn to trust us.</p> <p>Always listen to what you want to tell us.</p> <p>We will tell you what we are doing and why we are doing it.</p> <p>We will provide you with an independent visitor, if you do not have someone in your life who can do this.</p> <p>Make sure that your views are accurately recorded in documents about you</p> <p>When we make a decision which is not what you want, we will let you know the reason why.</p> <p>Make sure that the Children in Care Council continues to be a way for you to have your views listened to.</p> <p>Invite you to be involved in planning and developing services we provide.</p> <p>We will invite you to be part of staff and foster carer recruitment and training</p> <p>We will tell you what has happened after we have done what we said we would do.</p> | <p>We will ask you your views when you need a new home and wherever possible ensure you visit your new home before you move there.</p> <p>Make sure that you have a long term home as soon as possible.</p> <p>We will make sure you receive support to make where you live your home, and to stay there as long as it is safe to do so.</p> <p>Make sure that you have your own space at home to study and relax in and that this is respected.</p> <p>Make sure that your carer will help you keep up your cultural and religious beliefs.</p> <p>Make sure you have the chance to use the trainer flat before you leave care so you can choose what type of housing you would like.</p> <p>We will help you move to independence at the right time for you.</p> <p>Make sure that if you find living independently difficult that we will stick by you and help you sort things out.</p> | <p>We will improve the ways we provide information to you.</p> <p>We will make sure you can access information about why you came into care, and information about your family, if this is available to us.</p> <p>We will ensure you can access high quality information, advice and guidance at the right times</p> <p>Make sure you know about opportunities and interesting things to do outside the school day.</p> <p>Make sure you can get information and advice about your health and living healthily.</p> <p>Make sure you have advice, information and help to make choices about your future.</p> <p>We will provide you with information about work experience and employment.</p> <p>Help you learn to manage your money</p> <p>We will provide you with information about the help you will get if you stay in education or go to university.</p> <p>We will help you to access concessionary travel if you live in South Gloucestershire and are 13 yrs or older.</p> | <p>We will make sure you have a record of your childhood and information about your time in care.</p> <p>We will make sure you have a good education including pre-school.</p> <p>We will provide you with extra help in school and at home if you need it.</p> <p>We will help you to stay at the same school, even if you have to move home.</p> <p>We will help you to gain the most appropriate qualifications for you.</p> <p>We will provide you with work experience if you want this.</p> <p>We will encourage you to go to university or training for a particular job.</p> <p>We will help you to find and keep employment.</p> <p>We will offer you help to stay out of trouble.</p> <p>We will make sure you can join clubs or learn new skills by helping with transport and costs.</p> |
| <b>MAIN AREA FOR ACTION THIS YEAR:</b>                 | We will improve how children and young people in care see and keep in touch with their birth family and other important people.  | We will make sure everyone who works with you asks about your views and these are accurately recorded.  | We will work together to ensure young people coming into care who are homeless are provided with suitable housing.  | We will improve the information we provide to you and how it is provided.  | We will plan your learning with you at the right times to make sure your needs are met.  |



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