

Hello and welcome to the twelfth edition of the South Gloucestershire Viewpoint newsletter

May 2020 Viewpoint survey results

In this survey we asked you about the impacts of Coronavirus on your daily routine, health & wellbeing and local area.

We received 1,160 responses! Thank you to all who took part. This newsletter summaries the key findings from the survey.

National guidance

The majority of survey respondents think that it is 'very important' to follow the national guidance on Coronavirus (89%).

Ways of accessing the latest advice varied for different age groups with those aged 65 and over significantly less likely to use online resources and much more likely to refer to the television, whilst younger respondents tended to refer to the government website.

The advice respondents were most unclear on was the use of masks and whether they help to prevent the spread of the virus.

Daily routines

Just under one fifth of respondents were self-isolating (19%).

The main reason for self – isolation was having a higher risk of serious illness from Coronavirus (60%).

The majority of respondents advised that they are finding it harder to get what they need from the shops (85%).

Half of the respondents are finding it harder to stay positive day to day (50%).

Just under three quarters of respondents (70%) are finding it harder to keep in touch with friends and family.

Residents are much more likely to be working from home (62%) and using video calls for meetings (65%) since the outbreak of Coronavirus.

The majority of respondents are driving a lot less (56%) and nearly half are walking more (45%).

Local area

The majority of respondents are experiencing a reduction in traffic (90%) and pollution (78%) in their local area.

Over two thirds of respondents advised they have been noticing nature/animals more (68%).

Congratulations to our gift voucher winners:

Lesa - Thornbury
Diana – Chipping Sodbury
Andrew – Emersons green
Peter – Stoke Gifford
Colin - Downend

Health and wellbeing

Over three quarters of respondents feel they are in good health (77%).

The majority were not in any of the vulnerable groups (63%) and do not live with anyone in one of the vulnerable groups (72%).

The majority of respondents (85%) know someone who can help them with their basic needs if they find themselves in a situation where they cannot leave the house.

Just under half of the survey respondents had had a healthcare appointment changed by their healthcare provider (47%).

Nearly all the respondents are washing their hands more (92%).

45% of respondents are now using social media more than they were before the outbreak.

Changes to exercising varied with just over a third exercising less since the outbreak of Coronavirus (35%) and just under a third exercising more (32%).

Concerns about Coronavirus

The top three concerns about the impact of Coronavirus are:

- Physical health
- Mental health
- Staying connected with friends and family

What will happen with the results

The results from this survey will be used to gather intelligence on the behaviours and impacts on South Gloucestershire residents in relation to COVID-19. Your feedback will be used to inform the response of service areas and help to target resources to support and protect the health and wellbeing of residents during the course of the pandemic.

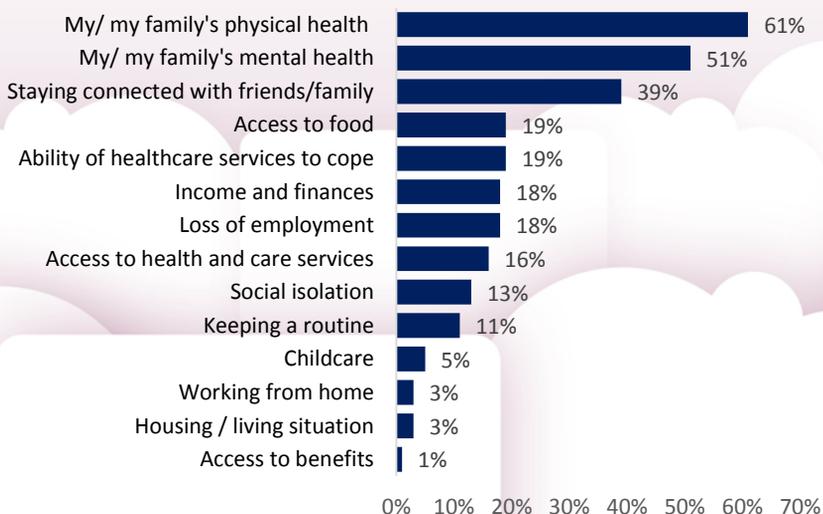
West of England Combined Authority Research

A team of researchers from UWE Bristol is conducting a survey to investigate how social distancing measures have changed the way that residents are using green spaces and connecting with nature in the West of England.

If you would like to take part the survey can be completed online at:

<https://bit.ly/3cSGnnQ>

What are your top concerns about the impact of Coronavirus?



Thank you for being a part of our Viewpoint panel!