

# Short Break Activities and Organisations

October 2016

## **Breakthrough Mentoring**

**Description:** To provide short breaks with mentoring for disabled children and young people and children and young people who may have learning and/or behavioural difficulties. The Service will be designed for disabled children/ children and young people to spend time in the company of people other than their primary carers to give their family carers a break and to provide the opportunity of new experiences outside their family network. Breakthrough mentoring helps vulnerable people develop positive experiences and relationships, enabling them to achieve, grow, develop new skills and realise their full potential.

**Age Range:** 4 years - adult

## **Brandon Trust (formerly Play Link) South Gloucestershire Holiday Play schemes for disabled children**

**Description:** To offer a short break to disabled children and young people in a daytime activity away from their families which will enable parents and siblings to have a separate break.

**Age Range:** 4.5 to 18 years

## **Brandon Trust (formerly Playlink) Buddy Scheme.**

**Description:** To provide 1:1 support for up to 44 children with additional needs to access mainstream clubs and other activities during term time in addition to support during the holidays. Funding will be allocated to clubs and activity providers to employ an additional member of staff as required. Parents will be allocated a specific number of hours to meet the needs of their family.

**Age Range:** 5-11 years

## **Kids (Daytime and Evening)**

**Description:** To support young people to take part in interesting and challenging group activities. To provide a social youth club setting for young people aged 12-18 in South Gloucestershire, potentially with a high level of need and who would perhaps not access other opportunities in more focused settings

**Age Range:** 0-18 years

**Kids (Russell House)**

**Description:** Practitioners will provide an enriching experience through the allocated overnight stay. This provides a break from caring for the families accessing the service. To provide a safe, secure homely environment. To provide opportunities for the young people to form positive relationship with others. To provide opportunities to develop independence in both Russell House and in the wider community.

**Age Range:** 8-18 years

**Kids (Social Group)**

**Description:** The service will be for mixed ability groups of children and young people of mixed gender. The group will include children and young people on the Autism Spectrum. It's for children with a high level of needs and their peers.

**Age Range:** 12-18 years

**NAS Short Breaks for Disabled Children**

**Description:** To support children and young people to learn social, communication and independence skills through mixing with their peers, making choices about the activities to be offered in collaboration with others, being encouraged to express their own views and listen to the views of others. To continue to run weekly evening youth clubs for two age groups of children and young people with high functioning autistic spectrum disorder or Asperger Syndrome

**Age Range:** 8-12 years and 13-18 years

**NAS (Local branch) Short Breaks for Disabled Children**

**Description:** To provide a variety of short breaks for children and young people with ASD and/or Asperger Syndrome of differing age ranges and abilities together with their parent/s. For South Gloucestershire children only; To continue to run monthly youth clubs for children and young people with high functioning autistic spectrum disorder or Asperger Syndrome; To continue to run monthly Science clubs for children and young people with high functioning autistic spectrum disorder or Asperger Syndrome.

**Age Range:** Science Club = 6-15 years; Youth Club = 7-16 years; Summer activity day = no age restriction

**Sense Woodland Family Centre (Short Breaks for Disabled Children)**

**Description:** To provide a short breaks for children and young people with profound sensory needs with additional needs.

For South Gloucestershire children only:

7 South Glos children across day one and two of play scheme

5 children on day 3 of play scheme

13 South Glos children at Christmas party

6 South Glos children at Cattle Country

10 South Glos children across two music days

10 South Glos children to visit Father Christmas & Willow Trust Picnic Day

17 South Glos children supporting Sense Avon family group events

**Age Range:** Twiglets = 0-5 years; Woodpeckers = 0-8 years

**Sense Woodland Family Centre (Short Breaks for Disabled Children)**

**Description:** To provide a short break for the day on 2 separate occasions for up to 10 children per financial year.

To hold 6 training days to continue education and raising awareness of deaf-blind issues per financial year.

To provide a short break for the day on 2 separate occasions for up to 10 children per financial year.

To hold 4 surgeries to incorporate physiotherapy, speech and language therapy, music therapy and manual handling per financial year. Records to be kept of how many parents attended, how many were new parents and how many parents were from South Gloucestershire.

To formalise the survey of user satisfaction and to continue to carry out consultation meetings

**Age Range:** 0-8 years plus training sessions/surgeries for adults.

### **Special Friends Club (Short Breaks for Disabled Children)**

**Description:** To provide activities for children with additional needs (autism)

For South Gloucestershire children only.

Two weekend activities approx each month for 9 months spread between May – March 2016 – total of 18 activities at weekends until end March 2016

Two – three activities per week for 10 school holiday weeks over 5 holidays: summer, October, Christmas 2015, February and Easter 2016.

1x 3 day subsidised short break for estimated 44 South Gloucestershire families to Center Parcs in January 2016

1 activity per month (9 in total) for specific smaller group of teenagers

1 activity per month (9 in total) for specific sensory/complex group

Aim to reach at least 100 South Gloucestershire families as members

**Age Range:** 3-18 years

### **Summer Outside Session (SOS) - Short Breaks for Disabled Children**

**Description:** To provide activities for South Gloucestershire children with additional needs only. To provide outdoor Forest Play Schools in the summer for pre-school children with severe language and communication difficulties or a diagnosis of ASD.

**Age Range:** 3-5 years