

TREATED



IN SOUTH GLOUCESTERSHIRE

TESTED

SEXUAL HEALTH SERVICES

PROTECTED

- Sexual health clinics are for men, women and young people
- Condoms are the only method of protecting against both pregnancy and STIs
- Men should put a condom on before there is any contact between their genitals and their partner's (or mouth during oral sex)
- The emergency pill and IUD can prevent pregnancy up to 5 days after unprotected sex – visit a pharmacy, clinic or GP
- Sex should feel good, not uncomfortable or threatening

SGC CREATIVE DESIGN • Printed on recycled paper ♻️ 10043|04|14

WORRIED ABOUT SYMPTOMS?

Need contraception? Just looking for advice?

We offer a wide range of all-age services for men and women with both walk-in and appointment sessions.

We also offer confidential advice and services to young people, including free condoms in youth settings.

SEXUAL HEALTH SERVICES

A wide range of services is available to people regardless of age, sexuality or cultural background including:

- Confidential advice and information
- Free contraception
- Emergency contraception after unprotected sex
- Pregnancy testing and advice on unplanned pregnancy
- Free condoms
- Free testing and treatment for sexually transmitted infections, including HIV

KEY CONTACTS

- www.uhbristol.nhs.uk/sexual-health
- Find your nearest clinic details 0117 342 6900
- Sexual health advice 0117 342 6944
- Pregnancy advice appointments 0117 927 6362 (24/7)
- Free Chlamydia tests 0117 922 2265 www.freetest.me



SERVICES ARE ALSO AVAILABLE FROM

Pharmacies

- Advice and information about local sexual health services
- Emergency Hormonal Contraception (most pharmacies offer this free to young people, ask in store)
- Chlamydia Screening for 15-24 year olds

GPs

- A wide range of contraception including implants
- Some offer STI testing and treatment – ask or ring to check

School Health Nurses

- Confidential health and well-being advice and information
- Free condoms through the C-card scheme

Youth Workers

- Signposting to relevant health services
- C-card condom distribution scheme

ALL AGE SEXUAL HEALTH CLINICS

Call 0117 342 6900 for an appointment at the following clinics:

Bristol Sexual Health Centre

Tower Hill,
Bristol, BS2 0JD
Mon - Sat
www.uhbristol.nhs.uk/sexual-health

Cossham Sexual Health Service

Cossham Hospital,
Lodge Road, BS15 1LF
Thurs: 9.45 - 12.15pm
Thurs: 1.30 - 4pm

Yate Sexual Health Clinic

West Gate,
21 West Walk, BS37 4AX
Thurs: 6.15 - 8.45pm

Downend Sexual Health Clinic

Buckingham Gardens,
BS16 5TW
Tues: 6.30 - 8.30pm
Thurs: 1.15 - 4.00pm

Thornbury Sexual Health Clinic

Thornbury Hospital Outpatients,
Eastland Road, BS35 1DN
Tues: 6.15 - 8.45pm

YOUNG PEOPLE'S WALK-IN CLINICS

Cadbury Heath Young People's Clinic

Parkwall Road, BS30 8HS
Mon: 6.00 - 8.15pm

Yate Young People's Clinic

West Gate,
21 West Walk, BS37 4AX
Weds: 6.15 - 8.30pm

Patchway Young People's Clinic

Thirlmere Road, BS34 5PD
Weds: 5.30 - 7.45pm

Brook Young People's Clinic

The Station, Silver Street,
Broadmead, BS1 2AG
0117 929 0090
Mon: - Fri 12 - 7pm
Sat: 12 - 5pm
Ask Brook helpline (Freephone)
0808 802 1234

➔ All clinics can provide:
sexual health testing, treatment, advice and contraception.

OTHER SUPPORT

Lesbian & Gay Switchboard

0207 837 7324 (London)
10am until 11pm daily

Support with drug or alcohol issues

Local services freephone
Adults 0800 0733011
Under 18s 01454 86 6000
ypservice@southglos.gov.uk

Staying safe online

www.thinkuknow.co.uk

Sexual assault and rape

The Bridge offers confidential support to women, men and children.
0117 342 6999
www.turntothebridge.co.uk

Family, children and young people's services

Call First Point 01454 86 6000

GET PROTECTED TESTED TREATED