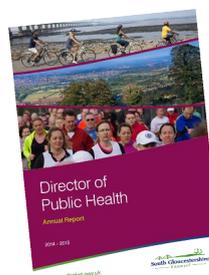


Health in Schools launch event 10th June 2015

welcome address

- Public Health and Wellbeing Division
- Settings approach
- Evidence base
- Partnerships

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Our values

- we have a culture of excellence
- our work is evidence based and outcome focused
- we are outward looking and client centred
- we are a learning Division who reflect and evaluate
- we are creative, innovative and dynamic
- we are open, trusting and work in partnership

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settings approach

'Settings' based activity¹ was developed alongside the international work recognised and documented by The World Health Organisation.

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The concept of a settings approach addresses not just the taught curriculum but also consideration of the 'health' the building and its surroundings e.g. of the environment, inside and out;

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.....the safety of the students and staff within it and the advocacy of the school community, especially pupil voice and the mechanisms by which policy changes are made to be inclusive and meaningful.

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South Gloucestershire schools educate more than 40,000 children and young people each year.

Research indicates that good health in children contributes to positive educational outcomes which in turn result in better health throughout adult life. ³

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rationale and evidence base

“The considerable amount of time children and young people spend in schools means that schools have the potential for fulfilling an important role in promoting the health and wellbeing of children and young people and laying the foundations for healthier outcomes in adulthood through school based health programmes.” 2, p106

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The World Health Organization's Health Promoting Schools framework: A Cochrane systematic review and meta-analysis

This Cochrane review has found the WHO HPS framework is effective at improving some aspects of student health. The effects are small but potentially important at a population level.⁴

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partnerships

It won't happen well, or have the ability to be equitable, without everyone working together.

thanks to:

- health in schools steering group
- agencies and charities represented in the marketplace
- delegates here today - schools, health, PH&WB, integrated services, council members, Avon & Somerset police, CCG

.....for your continued support.

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references

¹ Whitelaw, S., Baxendale, A., Bryce, C., Machardy, L., Young, I. and Witney, E. (2011) 'Settings' based health promotion: a review. *Health Promotion International* [online] Vol 16/4 p339-353 [accessed 2 December 2013]

² Marmot, M., Allen, J., Goldblatt, P., Boyce, T., McNeish, D., Grady, M. and Geddes, G. (2010) *The Marmot Review: Fair Society, Healthy Lives. Strategic review of health inequalities in England post-2010*. The Marmot Review, London.

³ Youngblade, L., Theokas, C., Shulenberg, J., Curry, L., Huang, I. and Novak, M. (2007) Risk and promotive factors in families, schools, and communities: a contextual model of positive youth development in adolescence. *Paediatrics*; 119:S47-53

⁴ Langford, R., Bonell, C., Jones, H., Poulou, T., Murphy, S., Waters, E., Komro, K., Gibbs, L., Magnus, D., 2015, 'The World Health Organization's Health Promoting Schools framework: A Cochrane systematic review and meta-analysis' *BMC Public Health*, vol 15, no. 1, 130

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The Health in Schools Programme HiSP

- Based on best practice: National Healthy Schools Programme (2005 – 10) and South West Healthy Schools Plus Pilot (2009 – 2011)



- Revised and redesigned in partnership

- Recognises new challenges and reinstates the importance of staff wellbeing

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Health in schools

- bronze award for achieving a health promoting ethos and practice

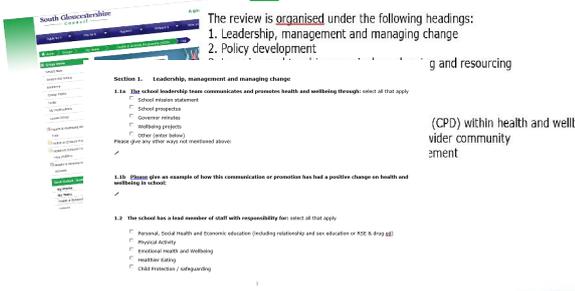
Health in schools plus

- silver award for demonstrating healthier behaviour change outcome
- gold award for demonstrating innovative community partnerships

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HWB review - audit tool



The review is organised under the following headings:

1. Leadership, management and managing change
2. Policy development

g and resourcing

(CPD) within health and wellbeing
vider community
ament

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OPS – what do children and young people in South Gloucestershire say about their health and wellbeing?

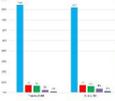
Pauline Foster,
Foster & Brown Research Ltd



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Briefing workshops

What the data says..... 

What the evidence says.... 

Overcoming barriers..... finding a way!

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Briefing workshops

Concorde room – here
Mindfulness – Kieran McCarthy, Brighter Futures (green, red, blue)

Room 1 – upstairs
Respectful relationships and developing sexual health – Nikki Giles and Lottie Lawson, PH&WB (blue, green, red)

Dining room – upstairs
School Food and cooking in the curriculum – Nicola Ellis and Brian Gardner PH&WB (red, blue, green)

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These are succinct, snap-shot sessions for all delegates; an opportunity to gather ‘tools’ to take away and reflect on.

2.20 – 2.45
2.50 – 3.15
3.20 – 3.45

In order to help us support you after today and to know if this has been useful, please complete the evaluation form after the final workshop.

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*train
your mind
to see
the good in
everything*

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