

Best Practice Forum

Emphasising the R in relationships and sex education

Further research, resources and good practise from the Best Practice Forum on Emphasising the R in relationships and sex education discussion group: The Gender Agenda, can be found below:

1, [Respect Yourself](#) is a great, interactive site. This is suitable for both practitioners and young people. We recommend the [boys and girls section](#) in 'about you' which provides good information on gender inequality and gender-role stereotyping. There is also [a detailed section for parents](#)

2, The [Esteem Resource Network: teaching boys how to become good men](#) offers insight into practice as well as a blog. The article provides great insight into an effective piece of long-term work.

3, Growing and Developing Healthy Relationships: healthy relationships: gender, power and consent is a really easy site to use site from the department of Public Health in Western Australia. The site also has a great [research and reports section](#) and provides great articles on [gender, power and consent](#).

4, The Journal, [The Case for Addressing Gender and Power in Sexuality and HIV Education: A Comprehensive Review of Evaluation Studies](#) provides great evidence, clear messages and effective practice examples.

5, [Advocates for Youth](#): provides comprehensive data, research, resources and analysis from the USA. It is also really good for understanding the [contribution that sexuality education makes to emphasising the 'R' in RSE](#).

6, Sexuality and Relationship Education: towards a social studies approach includes persuasive arguments about the need to adopt different approaches. Read the [full text here](#)

7, Health Promotion International: Gender implications of the teaching of relationships and sexuality education for health-promoting schools. This is an important research article for those working in a formal education environment. Read the [full text here](#)

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