

# Services

- **Job Centre Plus**  
Provides support to obtain a job and benefits advice. 0345 6043719  
[www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)
- **Library services**  
Kingswood library provide free internet access. For opening times and locations phone 01454 868006 or online [www.southglos.gov.uk/leisure-and-culture/libraries](http://www.southglos.gov.uk/leisure-and-culture/libraries)
- **Bristol Centre for Sustainable Energy – fuel poverty advice**  
3 St Peter’s Court, Bedminster Parade, Bristol BS3 4AQ  
0117 9341400
- **Citizens Advice Bureau**  
Monday’s 4.30-6.30, Tuesday’s 10-3pm and Friday’s 10-1pm.  
Kennedy Way, Yate, South Gloucestershire BS37 4DQ  
03444 111 444 / [www.southgloscab.org.uk](http://www.southgloscab.org.uk)
- **Carers Support Centre**  
Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ  
0117 9392562
- **Housing & Support Access Service**  
Short term at-home housing support for those at risk of homelessness. Includes bidding for properties shown on line on Fridays. Bids can be placed on line, by phone or in the One Stop shop. [www.southglos.gov.uk](http://www.southglos.gov.uk)
- **Pennywise / Cashpoint**  
phone email, online, referral, debt, budgeting  
0117 3178800 / [cashpoint@1625ip.co.uk](mailto:cashpoint@1625ip.co.uk)
- **Wellaware**  
Information on health and wellbeing services, support organisations, activities and groups in Bristol, South Gloucestershire, Bath & North East Somerset, North Somerset and Somerset  
[www.wellaware.org.uk](http://www.wellaware.org.uk)

- **Our Place Community Flat, Staple Hill**  
Low cost hot meals on a Monday and Thursday. They also provide services such as: job clubs and cookery courses.  
1A Berkley House, Nelson Road, Staple Hill BS16 5HS  
01454 868374
- **Kingsmeadow Community Flat**  
Provide services for the whole community including a job club every Thursday and Friday, food parcels and family events.  
19 Barrington Close, Kingswood BS15 4QD  
0117 329 2422  
[www.kingsmeadowcommunityflat.org.uk](http://www.kingsmeadowcommunityflat.org.uk)
- **Kingswood HUB**  
Kingswood hub provides access to a range of health, children’s, young people and family services under one roof.  
Alma Road, Kingswood, Bristol BS15 4DA  
01454 862433
- **Kingswood Children’s Centre**  
Support for families with children.  
Hallow Road, Kingswood BS15 9TP  
01454 862433
- **Community Ignite**  
Provide support to families through individual and group work and a weekly job & IT club at Kingswood Library on Thursday’s 1:00pm -3:00pm.  
0117 9604186 [www.communityignite.org.uk](http://www.communityignite.org.uk)

# Kingswood East Bristol

## Food Bank

**A food bank is a charitable organization that distributes food to those who have difficulty purchasing enough food to avoid hunger.**

**Emergency food is available for local communities in short term crisis of food supply at**

**Kingswood East Bristol Food Bank, every Monday 11am – 1pm at the Crisis Centre Ministries, Bourne Christian Centre, Kingswood. Vouchers are available from Kingswood One Stop Shop, Health Visitors, Schools, Merlin Housing, Knightstone Housing, Citizens Advice and Support Workers.**

**If you have any questions email:**  
[ebfoodbankkw@yahoo.co.uk](mailto:ebfoodbankkw@yahoo.co.uk)



You may be able to get some help if you are:

- in a crisis
- in an emergency
- in receipt of certain benefits
- are on a very low income,
- live in South Gloucestershire
- looking for a home in South Gloucestershire

For more information visit

[www.southglos.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice/welfare-grant-scheme/](http://www.southglos.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice/welfare-grant-scheme/)

## One Stop Shops

There are four One Stop Shops in South Gloucestershire, the One Stop Shops can help you with advice on:

- housing and council tax benefits
- homelessness and housing waiting lists
- housing services
- community care
- grants
- and much more

Contact us on [01454 868002](tel:01454868002) or for more information visit [www.southglos.gov.uk/council-and-democracy/customer-services/one-stop-shop-clinics-and-surgeries/](http://www.southglos.gov.uk/council-and-democracy/customer-services/one-stop-shop-clinics-and-surgeries/)

### The nearest One Stop Shop is:

Kingswood One Stop Shop  
Civic Centre, High Street, Kingswood BS15 9TR

### Opening times:

- Monday to Wednesday 8.45am to 5.00pm,  
Thursday and Friday 8.45am to 4.30pm
- For emergencies outside of normal office hours,  
please call: [01454 868 009](tel:01454868009).

## Contact details

- **Barnados**  
Verona House, Filwood Road, Fishponds, Bristol,  
BS16 3RY  
[0117 937 5500](tel:01179375500)
- **British Redcross**  
Emergency support to people in crisis, refugee  
and asylum services, emergency support following  
house fires and displacement and home from  
hospital support - 35 Broad Street, Staple Hill,  
Bristol BS16 5LP  
[0117 9702810](tel:01179702810)
- **Bristol Food /Soup Kitchens**  
60 Bath Road, Longwell Green, Bristol BS30 9DG  
[0117 2033183](tel:01172033183) / [info@bristolsoupruntrust.org.uk](mailto:info@bristolsoupruntrust.org.uk)
- **Homeless UK**  
Helping search of emergency and short term  
accommodation and other relevant information  
[www.homelessuk.org](http://www.homelessuk.org)
- **Migrant Legal Project**  
Offers publicly funded and not-for-profit advice and  
representation. 108 Church Road, Bristol BS5 9LJ.  
[0117 911 3393](tel:01179113393) / [www.immigrantlegalproject.com](http://www.immigrantlegalproject.com)
- **Refugee rights Bristol**  
Bristol Refugee Rights, Assisi Centre, Lawford's  
Gate, Bristol BS5 0RE  
[0117 9080844](tel:01179080844)
- **Salvation Army**  
Staple Hill, Staple Hill Citadel Corps, Broad Street,  
Staple Hill, Bristol BS16 5LN  
[0117 956 9733](tel:01179569733) / [contactus@staplehillcitadel.com](mailto:contactus@staplehillcitadel.com)
- **Shelter**  
New Bond House, Bond Street, Bristol BS2 8RG  
[0344 5151414](tel:03445151414)
- **South Gloucestershire Home Choice Team**  
Support on all aspects of homelessness, housing  
advice and allocation  
[01454 868005](tel:01454868005) / [www.southglos.gov.uk](http://www.southglos.gov.uk)

## Useful numbers

- **South Gloucestershire Talking Therapies**  
self-referral to psychological therapies for support  
with low mood, anxiety and depression  
[0117 378 4270](tel:01173784270) / <https://iapt-sglos.awp.nhs.uk>
- **Samaritans Freephone 116 123**  
Bristol branch [0117 980 0370](tel:01179800370)  
[www.samaritans.org](http://www.samaritans.org)
- **Bristol Mind for better mental health**  
[0117 980 0370](tel:01179800370) / [www.bristolmind.org.uk](http://www.bristolmind.org.uk)
- **Support for Drug and Alcohol dependency (DHI)** [01454 868750](tel:01454868750) or free from landline or call  
[0800 0733011](tel:08000733011)
- **Support for Domestic Abuse (Survive)**  
[0117 961 2999](tel:01179612999) free 24hr national domestic violence  
helpline [0808 2000 247](tel:08082000247) / [info@survivedv.org.uk](mailto:info@survivedv.org.uk)
- **Womankind Bristol**  
Provides women in the Bristol area with free or  
affordable professional counselling, psychotherapy  
and ongoing support.  
[0845 458 2914](tel:08454582914) / [www.womankindbristol.org.uk](http://www.womankindbristol.org.uk)
- **ACAS**  
Help and advice for employees  
[0300 123 1100](tel:03001231100) / [www.acas.org.uk](http://www.acas.org.uk)
- **Age UK South Gloucestershire**  
Provide support for older people.  
[01454 411707](tel:01454411707)  
[www.ageuk.org.uk/southgloucestershire](http://www.ageuk.org.uk/southgloucestershire)
- **North Bristol Advice Centre**  
Provide free, professional, confidential advice,  
information and representation to the communities  
of North Bristol and South Gloucestershire. We hold  
weekly drop-in sessions on: 10:00am – 12:00pm  
at Patchway One Stop Shop, for general welfare  
benefits and general advice and 2:00pm – 4:30pm  
at Filton Library. No appointment is needed.  
Phone and online advice available at  
[0117 951 5751](tel:01179515751) and [team@northbristoladvice.org.uk](mailto:team@northbristoladvice.org.uk)  
Further information is available at  
[www.northbristoladvice.org.uk](http://www.northbristoladvice.org.uk)