



Steer clear of Morning After drink driving

(WITH THE HELP OF OUR FREE APP)

West of England
Road Safety Partnership

Find us on:   

www.morning-after.org.uk

MORNING AFTER CALCULATOR

FIRST THINGS FIRST...

Let's make one thing absolutely clear at the outset - this calculator is not intended to help you work out how much you can drink on a night out before driving home.

If you are drinking any amount of alcohol on a night out - even one drink - you should leave the car at home and make alternative arrangements.

And the calculator won't help you if you are arrested for drink driving.

HOW THE 'MORNING AFTER CALCULATOR' WORKS

The calculator allows one hour for each unit of alcohol, plus an additional hour to allow for the alcohol to enter the bloodstream. It then rounds up the calculation to the nearest half hour.

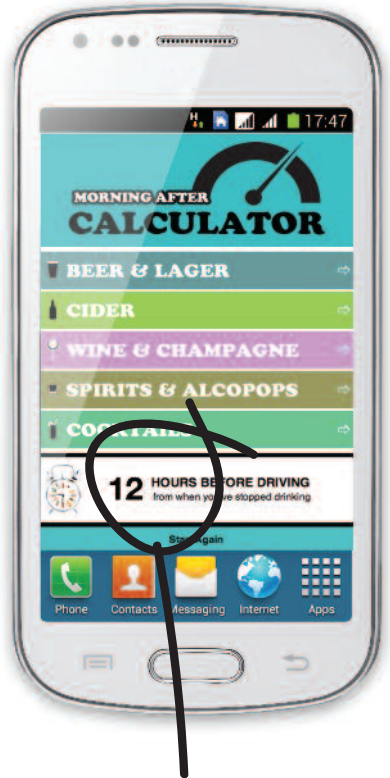
The calculator bases its calculation from the time you stop, not when you start drinking. Some people say this is over-cautious, but we'd rather be safe than sorry.

The 'hours before driving' calculation is not based on any drink drive limit - it is the length of time when the alcohol in the drinks you've consumed is likely to have passed through your body.

Find us on:   

www.morning-after.org.uk

The Morning After Calculator is an application intended to be used strictly as an aid for approximating one's blood alcohol content and does not constitute legal justification for driving after drinking. In all cases it is safest to never drive after drinking and to avoid heavy drinking if you are driving the next day. By using this application you assume all risk and responsibility.



**CAUTION: THE MORNING
AFTER APP WON'T HELP
YOU IF YOU ARE ARRESTED
FOR DRINK DRIVING!!**

