

Direct Payments and Health Budgets

Independent Living Services

What Are Direct Payments and Personal Health Budgets?

Direct Payments are payments made to you by either the local council or health service to enable you to purchase the support you need to live as independently as possible.

What can I use the money for?

The Direct Payment can be used to buy the support that has been agreed in your assessment. This might include:

- Support with personal and practical household tasks
- Support for daytime activities and short breaks
- Purchasing items to help with your daily needs
- Support with medical needs

How can I get a Direct Payment?

You will need to have an assessment from the Local Council or Local Health Service. If the assessment shows you are eligible for support, the social worker who carries out your assessment will ask you if you would like a direct payment.

What help can I get if I want to use a Direct Payment?

Before you start to use Direct Payments you may be asked if you feel you need help to manage a direct payment. If you would like help, you will be given a list of support providers in your area.

PeoplePlus are one of those providers and if you choose to receive support from us an Advisor will come and meet with you to explain how we can help

Get in touch to find out how we can support you.

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