

# Best Practice Forum

## Emphasising the R in relationships and sex education

Further research, resources and good practise from the Best Practice Forum on Emphasising the R in relationships and sex education can be found below:

- 1, [Respect not Fear](#) is a user-friendly site with a great games section. Look out for the Pyramid Game, which can be adapted in a variety of ways and it is simple and interactive.
- 2, The [RFSU](#) is a Swedish sexuality education site that includes information, ideas, resources and examples of effective practice. It has a detailed section on [sexuality education](#) and its section on [FAQ's](#) can help you with particular awkward questions.
- 3, [Before you Decide](#) is a comprehensive website from Ireland. We recommend the [video section](#), as well as the [Teacher and Youth Worker](#).
- 4, [We Can't Go Backwards – Brook and FPA campaign](#) focuses on raising people's awareness of the importance of good sexual health and a young person's right to access effective and confidential sexual health services.
- 5, [Schools and Students Health Education Unit](#) is a great UK-based data and research resource and is perfect for generating evidence to support the need for change.
- 6, [Public Health England: public health outcomes framework](#) provides the latest statistical data about a variety of sexual health outcomes for young people. The site is useful for comparing local data with our neighbouring authorities as well as nationally.

7, [PBS News Hour: The case for starting sex education in kindergarten](#) is a useful article that shares stories and reflects on practice from the Netherlands. The site includes links and YouTube clips.

8, [Long Live Love teaching program](#) is a secondary aged RSE teaching program from the Netherlands. For details of an evaluative study of the Long Live Love program see the [Health Education Research journal](#).

9, The Department for Health's [A Framework for Sexual Health Improvement in England](#) sets out the government's ambitions for improving sexual health.

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