

# Best Practice Forum

## Emphasising the R in relationships and sex education

Further research, resources and good practise from the Best Practice Forum on Emphasising the R in relationships and sex education discussion group: Achieving Change can be found below:

- 1, [The Sex Education Forum](#) is an influential national organisation, campaigning strongly for young people's rights to better quality RSE. There are a number of resources and information on [campaigns and current Government policy](#).
- 2, The [PHSE Association](#) has lots of information on CPD, resources, lessons plans and guidance on writing effective policy and is ideal to those working in formal education settings.
- 3, The [RSE Hub](#) resources are user-friendly and its research and reports provide good evidence for strengthening your arguments for change. The site also has information on policy briefing for a range of audiences.
- 4, [Teaching with confidence – Improving PSHE education](#) offers access to a wide range of tried and tested RSE resources that can be purchased by those in all education settings.
- 5, [The Bristol Ideal](#) is fronted by Neil Davidson, who is a hugely passionate RSE advocate. This Bristol based campaign will give you great ideas and motivation about how change can be achieved in South Gloucestershire.

6, [SexpressionUK](#) aims to empower young people through education, training, providing resources and campaigning. There is a useful section about how to get involved.

7, The [PHSE and Me](#) blog reflects on actual experience, shares ideas, opinions and resources and is a really good resource for anyone working in a school.

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