## **Clifton RFC Sporting Memories Group**

## Do you have Memory Problems but Love Sport?

Our weekly group at Filton Library is a friendly place where members can talk about their favourite sporting memories and hear stories from others who also love their sport.

The group is specifically designed for older people with dementia or other memory issues but we also welcome the company of individual friends or relatives who share their sporting passion.

Sporting Memories Network is setting up the group at Filton Library, Shield Retail Park, Link Road, Filton, South Gloucestershire, BS34 7BR. It will take place every Tuesday morning 11.00am to 12.30pm and is FREE to people taking part.

If you would like more information about joining a group or know someone who may benefit from attending such a group, please contact either

## phone on 07553 530 307

or email at admin@sportingmemoriesnetwork.com Referrals from organisations working with older people are also welcome.

If you are interested in volunteering to help run or support this group or some of the others that are being set-up around Bristol and South Glos, please contact **Elena D'Orso on 0117 9897734 or email sportingmemories@volunteerbristol.org.uk** Full training and support is provided.







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