

Getting help and connected as a carer

Easy read version September 2013



These questions are for anyone who looks after someone in South Gloucestershire.



Your answers will help us find out how being a carer changes your life so we can help you.

You can ask someone like a friend or advocate to help you.



Question 1

Who do you look after? Please tick box or boxes

Your partner



A member of your family, like a parent, son or daughter



Someone else like a friend or neighbour

Question 2

What is your name and address



Jasmin Baines
16 High Street
Sunnyfield
PT1 1AB

Question 3

What is the name of your Doctor?



Question 4

What is the name and address of the person you care for?



Jasmin Baines
16 High Street
Sunnyfield
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Question 5

What is the name of the Doctor of the person you care for?



Question 6

What difficulties/disabilities does the person you care for have?





Question 7

How many hours a week do you spend being a carer?

Changes in your life

These questions are about things that have changed in your life because you are a carer.



Question 8

Has being a carer for someone changed your physical health? Please tick one box for each of the following questions (8-16)



Made things a lot worse



Made things worse



Not made any difference



Made things better



Made things a lot better



Question 9

Has being a carer for someone changed your mental health?



Made things a lot worse



Made things worse



Not made any difference



Made things better



Made things a lot better



Question 10

Has being a carer for someone changed how you feel about the future?

-  Made things a lot worse
-  Made things worse
-  Not made any difference
-  Made things better
-  Made things a lot better



Question 11

Has being a carer changed your quality of life?

-  Made things a lot worse
-  Made things worse
-  Not made any difference
-  Made things better
-  Made things a lot better



Question 12

Has being a carer changed how much time you have to do the things you want to do? This could be things like seeing your friends

-  Made things a lot worse
-  Made things worse
-  Not made any difference
-  Made things better
-  Made things a lot better



Question 13

Has being a carer changed how much time you have to do the things you need to do like looking after your home?

-  Made things a lot worse
-  Made things worse
-  Not made any difference
-  Made things better
-  Made things a lot better



Question 14

Has being a carer changed how much time you have for other people, like your family?

-  **Made things a lot worse**
-  **Made things worse**
-  **Not made any difference**
-  **Made things better**
-  **Made things a lot better**



Question 15

Has being a carer changed the amount of money you have?

-  **Made things a lot worse**
-  **Made things worse**
-  **Not made any difference**
-  **Made things better**
-  **Made things a lot better**



Question 16

Has being a carer changed the way you do your job?



Made things a lot worse



Made things worse



Not made any difference



Made things better



Made things a lot better

Question 17

Is there anything else you would like to tell us about your role as a carer?



Question 18

Signature of carer and date

Date

Data Protection

The personal data you provide on this form will be used and shared in accordance with the Data Protection Act 1998. It will be processed by The Carers' Support Centre and sent securely to South Gloucestershire Council. The Children, Adults and Health Department will hold the information and it will be used for your assessment as a carer.

Information sharing

Information recorded about you will be shared with South Gloucestershire Council and will be used to support you with the care you provide. This may involve contacting organisations on your behalf that may be able to offer additional support or services.

Safeguarding

If you provide information in confidence it will be treated as such unless you disclose that you or the person you care for are being hurt, harmed or that health and/or safety is at risk. In this instance the Carers' Support Centre have a duty to alert South Gloucestershire Council.

Do you consent to information recorded about you being shared with other organisations who may be able to offer you additional support or services?

Yes No

Web: www.southglos.gov.uk/dataprotection

If you need this information in another format or language please contact 01454 868009

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