



# SPORTS POUND



## Fun Cardio Tennis

**CARDIO RAC!! FUN TENNIS FITNESS SESSION**

**Get FIT - Lose WEIGHT - have FUN**

Anyone who wants to get fitter using circuits & basket drills not just for tennis players. Work at your own pace and have fun!!

**From Thursday 12<sup>th</sup> May 6pm-6.45pm**

**weekly sessions at Sunnyside Lane tennis court Yate  
BS37 4PP (Off Station Rd),**

**£3.00 per session**

SportsPound Vouchers can be redeemed at these sessions.

SportsPound Activator: Carly Price Tel: 01454 865821

Email: [sportspound@southglos.gov.uk](mailto:sportspound@southglos.gov.uk)

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