



## **Alternative Sources of Assistance**

This leaflet contains information regarding other organisations that may be able to help you if you are in need of assistance with food, gas and electricity and/or goods and are not eligible under the welfare grant scheme.

### **Help with Food, Gas and Electricity**

#### **Food Banks**

If you need short term assistance with food, you may be able to obtain help from your local food bank. Please ask at your local One Stop Shop for further information regarding this scheme.

#### **St. Monica's Trust**

If you have a physical disability or long-term physical health problem, live in Bristol, South Gloucestershire, North Somerset or Bath and North East Somerset, have a low income and limited savings and are over 40 years of age, then you may be eligible for a short-term grant from St. Monica's Trust.

You can download an application form at: [www.stmonicastrust.org.uk/supporting-communities/community-fund](http://www.stmonicastrust.org.uk/supporting-communities/community-fund) or alternatively you can contact them by telephone on 01179494003.

#### **British Gas Energy Trust**

The British Gas Energy Trust provides financial support to individuals and families who are struggling to pay off their gas and/or electricity debts. You do not have to be a British Gas customer to benefit from this scheme.

The easiest way to apply for a grant is online at: <https://www.britishgasenergytrust.org.uk/Home/HowCanWeHelp>. The website also provides a search facility where you can find details of your nearest local adviser who can help and advise you on completing an application.

Please note that other energy companies such as Npower, OVO, E.on, EDF and SSE (Southern Electric) all have their own individual energy funds. However these Funds are only available to the company's customers.

The website, "Let's Talk" offers information regarding the various grants and benefits that are available to support those struggling with household energy debt. This website is located at: <https://www.lets-talk.online/AllSchemes.html>



## Help with Goods

### Bristol Charities

Bristol Charities help people in need, hardship or distress, those suffering from ill health and carers who have limited means. If you live within 10 miles of Bristol City Centre then you may be eligible to apply for funding for goods including white goods (washing machines, fridges/freezers, electric cookers), small electrical equipment (vacuums and microwaves), carpets, furniture and other support.

Applications need to be made online by a sponsor who is usually a professional such as a social worker, support worker, health professional or similar support agency.

<https://www.bristolcharities.org.uk/grants>

### Buttle UK

This organisation provides small grants for items such as beds and bedding, cookers, washing machines and fridge freezers, kitchen equipment and baby equipment to young people aged 20 or under who live independently with little or no support from their family, and to children or young persons in a family.

Applications must be made by a support worker and can be made online.

<https://www.buttleuk.org/need-support>

### St. Monica's Trust

If you have a physical disability or long-term physical health problem, live in Bristol, South Gloucestershire, North Somerset or Bath and North East Somerset, have a low income and limited savings and are over 40 years of age, then you may be eligible for a gift of an amount of money from St. Monica's Trust. Gifts are intended to help with items such as disability related items or adaptations, domestic applications (for example washing machines or cookers) and furniture and flooring.

You can download an application form at: [www.stmonicatrust.org.uk/supporting-communities/community-fund](http://www.stmonicatrust.org.uk/supporting-communities/community-fund) or alternatively you can contact them by telephone on 01179494003.

### Glasspool Trust

This charity makes small grants to individuals in need, to help them over a short term crisis. The type of items awarded may include items such as white goods (such as a cooker, washing machine or fridge/freezer), beds and bedding, essential household items, clothing and baby needs, amongst others.

Please note that applications to this charity must be made by an organisation such as a charity or the Citizens Advice Bureau.

<http://www.glasspool.org.uk/>



### The Talisman Trust

The fund assists individuals in the UK who the trust consider as “going short”. Please note that applications must be made by the Citizens Advice Bureau, a social worker or another charitable organisation that is supporting you.

<http://www.talismancharity.org/>

### Other charities

To find further information about other funds that are available to you in your area you may wish to carry out a grants search. This can be completed on the Turn2Us website:

<https://grants-search.turn2us.org.uk/>