

WANT TO STOP SMOKING?

We can help.

FREE support to help you stop smoking for good, including stop smoking medications (like Champix® and NRT).

If you are using an e-cigarette / vapouriser and still smoking, you are very welcome at our service.

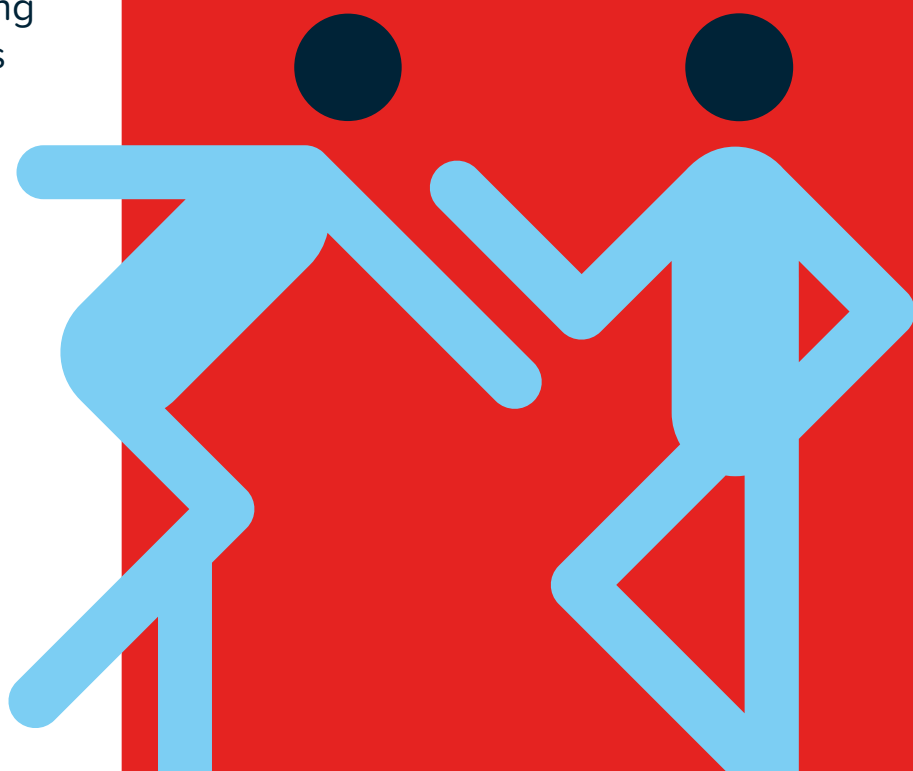
Available at GP practices, some pharmacies, and at:

Kingswood

The Park Centre

Tuesdays & Thursdays

For pregnant smokers and their families, we also offer home visits from a specialist midwife.



To book your place, or for more details visit www.southglos.gov.uk/smokefree or call **01454 865502**.